

# FUN CENTER

## Afterschool Program

November 2009



### Locations

Cedar Valley Fun Center  
3:10 pm-6:00 pm

Lynnwood/ Spruce  
Fun Center  
3:50 pm-6:00 pm

### Important Dates

November 6  
No Fun Center

November 11  
No Fun Center

November 13  
"So You Think You Can  
Dance" with Mackenzie

November 26-27  
Thanksgiving Break

CITY OF  
**Lynnwood**  
PARKS, REC. & CULTURAL ARTS

### Greetings!

There is much to be thankful for during the month of November: our families, our friends, our teachers, our pets and more. Be sure to talk to your child about what they are thankful for and why. This is the time of year to remind people just how much we love and care about them!

- This month we will be doing many seasonal crafts and activities that focus on being thankful, turkeys and more! Plus each Monday we focus on homework and trivia!
- Our "Boost with Seuss" book this month is "The Sneetches." We will be discussing the importance of embracing other peoples differences and being friends. We will also discuss that we are all unique and special in our own way.
- "Games and Sports": This month we will be focusing on Basketball! Each Thursday we will work on a new skill including passing, shooting, dribbling and covering the rules of the game!
- "Anything Can Happen Day!" On Friday, November 13th, our very own Mackenzie Flood will be visiting both Fun Center Sites for "So You Think You Can Dance?" Mackenzie, who has been dancing for years, will be teaching Fun Center Participants a dance routine!

Have a wonderful November and we wish you and your family a Happy Thanksgiving!  
The Fun Center Staff

"They decided that Sneetches are Sneetches and no kind of Sneetch is the best on the beaches. That day, all the Sneetches forgot about stars and whether they had one, or not, upon thars!"  
Dr. Seuss

### "Students of the Month"



**Wilson**

Wilson is a great helper! He follows directions and is courteous and polite. He is a great person that the other kids look up to at Lynnwood Fun Center! Way to Go Wilson!



**Brendan**

Brendan is new to Fun Center! Each day he gets very excited for activities and is a great listener. He is a wonderful addition to the Fun Center at Cedar Valley and is making friends with everyone!

### Check out our website!

Wondering what your child is going to do for the day at Fun Center... At our afterschool website we post our monthly newsletters, calendars and snack menus! Check us out at [www.ci.lynnwood.wa.us/Afterschool](http://www.ci.lynnwood.wa.us/Afterschool)

# A fun and safe place to **PLAY** after school!

## Helpful Tips

### Health Tip

Keep your Teeth Healthy! Brush at least twice a day - after breakfast and before bedtime. Brush all of your teeth, not just the front ones. Spend some time on the teeth along the sides and in the back. Take your time while brushing. Spend at least 3 minutes each time you brush. If you have trouble keeping track of the time, use a timer or play a recording of a song you like to help pass the time.

### Safety

**Keeping Your Child Safe** - Child Safety in the Car!

- Children under 13 years old must be in the back seat whenever it is practical!
- Children under 8 years old or under 4'9" should use a booster seat.
- When children outgrow their booster seats, they can use the adult seat belt in the back seat of the car. To wear correctly the strap should lay across the chest - not under the arm or behind the back.

### Family Fun

Kids love to help in the kitchen! And Thanksgiving is no exception -- little ones are automatically drawn to the hustle and bustle going on during this holiday. How to keep them happy and occupied? Let them help! There are many ways you can involve your kids in the creation of a Thanksgiving feast.

An easy thing that your kids can do is help with the mixing of various dishes. Let them mash the potatoes with an old-fashioned potato masher, and supervise while they gently stir in butter, salt and pepper. Allow them to add the broth, eggs and seasonings to your stuffing and blend together.

Other activities that can keep kids busy is setting the table or helping cleanup. It's important to involve kids in not only the cooking of the meal, but the cleaning up as well. Cleaning up after themselves gives children a sense of responsibility and accomplishment.

## Our Field Trip to



## The Fire Station!

### "Staff Spotlight"

**What are you doing after high school?**

Planning on going to a 4 year university, don't know where yet.

**What is your favorite holiday?**

Valentine's Day! It's my birthday!

**What is your favorite sport?**

I love to dance!

**If you could go anywhere in the world, where would it be and why?**

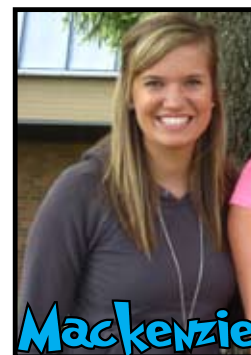
Scotland because I have an uncle there who lives in a castle.

**What is your favorite food?**

Chocolate chip cookies.

**What's your favorite season and why?**

Summer, because I love the sun.



**Mackenzie**

## Camp Holidayz

Come visit the North Pole and meet famous friends Frosty and Rudolph as they come to life in this winter wonderland!

Together we will bring in the new year playing goofy games, creating chilly crafts and drinking hot cocoa!

Field trips or inflatables scheduled daily!

### Mark Your Calendars

Dec 21, 22, 23, 28, 29, 30

Time: 9:00 am - 4:00 pm

Fee: \$30/\$25 per day

Grades: Kindergarten - 7th

Lynnwood Elementary Gym



## Did you know...

SNOHOMISH COUNTY, Wash. – Local health officials decided Thursday to host special “express” clinics on Saturday, Oct. 24, to vaccinate children ages 6 months through 4 years and pregnant women for H1N1. Nine clinics throughout the county will be open from 9 a.m. to 3 p.m. Additional clinics remain planned for Oct. 31, Nov. 2, 7, 14, and early December, however, these are subject to change due to vaccine supply.

## Join us at Lynnwood Lights...

The City of Lynnwood announces its 2nd annual Lynnwood Lights Celebration presented by Community Transit. Kick-off your holiday season with your family when you enter Lynnwood’s winter wonderland of fun and magic.... Lexus Tree Lighting, Photos with Santa, Kids Activities, & more! Free for all ages!

Date/Time: Tuesday, December 1 @ 6-9pm

Location: Lynnwood Convention Center\*

\* There is a free shuttle from the Alderwood Business Center.

## Recreation Center Remodel



Have you heard? The Recreation Center will be closing for renovation soon. When the Center

re-opens in April 2011, we'll have a new leisure pool, new locker rooms, expanded fitness spaces and new interior finishes.

In the mean time, the Recreation staff, Customer Service staff and the weight room facilities will be relocating next door to the North Administration Building beginning in January.

## Payment Options

We would like to take the time to explain a few changes to our payment options this year. There are several payment options for you to choose from:

- Daily Fee: \$12.00
- Weekly Fee: \$40.00 Resident / \$45.00 Non-Resident
- Spruce Weekly Fee: \$40.00 Resident/ \$45 Non-Resident

We hope you find these options to your liking and utilize the Fun Center Program as much as you need!

## Late Fee Policy

Just a friendly reminder about our late fee policy... Our policy states that parents will need to pay \$1 for the first 5 minutes and \$1 for each additional minute there after. Late fees are strictly enforced and payable the following day. If you think you may be late, please call and let us know!

## Rules

We have three simple rules at Fun Center that are easy to follow and help the day go more smoothly. These rules are:

**Teamwork, Safety and Fun!**



**Our Halloween BOO Fest was a huge success... Thank you!!!**

Cedar Valley Fun Center 425-754-4735

Customer Service 425-670-5732

[www.ci.lynnwood.wa.us/Afterschool](http://www.ci.lynnwood.wa.us/Afterschool)

Lynnwood Fun Center 425-754-3378

Youth Programs 425-670-5386